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## WHO WE ARE

Lalaine's Residential Care Home is a 24-hour 7-day a week; Residential Care Facility for Elderly, serving ambulatory and non-ambulatory men, and women ages 60 and over. Our goal is to provide a home-oriented environment, which will cater to the individual needs of our elderly individuals who require assistance with their daily living needs. This facility will encourage elderly adults to pursue individual interest and activities. The facility will provide close supervision and individualized care. The facility will ensure that all residents maintain an optimal level of health and receive medical, dental examinations or follow-up appointments regularly.

## ADMINISTRATIVE SUPPORT

Administration will be a committed partner to ensure resident concerns are addressed in a timely, satisfactory manner, with the primary goal being continued quality care, services and happiness of the residents.

## PROGRAM GOALS

- 1) Each resident will increase and/or maintain their present level of daily living skills in accordance with their Need and Services plan.
- 2) Each resident will maintain an optimal level of health.
- 3) Each resident will participate or be encouraged to participate in a variety of facility-based and community-based activities.
- 4) Each resident's family members will be encouraged to maintain regular visitation and participation in facility-based recreational holiday activities.
- 5) The facility will provide a safe, nurturing, and family-oriented environment for its residents.
- 6) Socialization will be encouraged among facility residents as well as with others in public settings and activities.

## BASIC SERVICES PROVIDED

- 1) Resident semi-private and private furnished/unfurnished rooms
- 2) Basic Meal Service (three nutritious meals per day; Physician prescribed diets and a minimum of two snacks)
- 3) Laundry service
- 4) Cleaning service
- 5) Weekly linen changes (more frequent if necessary)
- 6) Transportation for facility-based activities or programs (resident requested transportation outside of the facility-based activities or program will be charged as an optional service); Planned facility- and community-based recreational activities
- 7) Assistance with activities of daily living
- 8) Observation, supervision and care of resident
- 9) Bedside care for a maximum of five days for minor illnesses (colds or flu)
- 10) Assistance with self-administered medication
- 11) Hygiene items of general use.
- 12) Monitoring and appropriate reporting of residents needs and conditions
- 13) Arrangement of. and transportation to medical and dental appointments
- 14) Special and Modified Diets as required per physician
- 15) Telephone service- will provide special communications equipment as required by residents
- 16) Adaptive devices for meal service

## OPTIONAL SERVICES

(Please see fee schedule attached to admission agreement)

We will provide the following optional services at the resident's request, the cost will be charged at the posted rate given with the admissions agreement with a notice that rates are subject to change (30 day notice will be given) for optional services based on increase in product or service cost.

- 1) Salon services
- 2) Dry cleaning service
- 3) Cable service
- 4) Telephone (private line in resident's room)